

# Tuesdays with Nexus



*A weekly interactive online session*

***Final session for 2020***

***Next week: Tuesday 8th December 2020***

## Topics:

**Considerations for the festive season – what you might need to think about in preparation for this time with consumers and families/loved ones. Mellisa Rigter, Lived Experience Worker, St Vincent’s Mental Health**

**No Gender December – Disrupting the Gender Binary for Children and Young People. Christina Hotka, LGBTIQ+ Safety and Responsiveness Project Officer St Vincent’s Mental Health**

**A Year of Transitions with COVID-19 – Tuesday with Nexus Wrap-up. Sarah Officer & Ange Wallace, Nexus Dual Diagnosis Consultancy Service.**

**Day: Tuesdays**  
**Start time: 9.30 am – AEST**  
**Duration: 30-45 mins**

These meetings were started in March 2020 in response to the current Global Pandemic and the rapidly changing landscape of our work. We explored new ways of working with and supporting each other around the ever-changing environment. Our particular focus was on the challenges posed when Dual Diagnosis issues are present. ‘**Tuesdays with NEXUS**’ online session is an invitation to connect both professionally and socially to share.

**The challenges we are facing**

**The successes we are having**

**The resources, tools and changes to our practices**

*(enabling us to support the clients/comsumers and families we work with)*

As of **2<sup>nd</sup> February 2021** we will be moving the focus of the sessions from COVID-19 to to the recommendations of the Royal Commission into Victoria’s Mental Health System and how these will impact the way organisations work with the proposed changes. This space will enable us to draw on the collective wisdom and creativity of others facing similar challenges as yourself. Sessions still run every week at the same time, same link on Tuesdays. Please feel free to contact us to request alternative times for your organisation.

Past sessions and resources are available via the Nexus web site <https://www.svhm.org.au/nexus>

**So if you want to connect, share and support each other please join us.**